FROM: CHILLIWACK ARTS & CULTURAL CENTRE SOCIETY
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High Resolution photo: LionBearFox.jpg

Description: With strong harmonizing vocals and a captivating performance, *Lion Bear* 

Fox has an uplifting vibe that inspires.

Photo Credit: N/A

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Powerful stories, captivating harmonies, *Lion*Bear Fox performs from the heart

CHILLIWACK, BC — Powerful stories told through equally compelling harmonies, *Lion Bear Fox* has a way of mesmerizing their audiences. On *March 10* they're bringing that dynamic along with them to the Chilliwack Cultural Centre for one of their most captivating performances yet.

The band came together in 2012 when solo performers Christopher Arruda, Ryan McMahon, and Cory Woodward decided to tour the country together.

"Ryan was going on a solo tour across the country and he wanted to invite a couple artists to open up for him and he invited Cory and I," Arruda explained. "I had never met Cory before but we hopped into the back of a van and took off across Canada."

It didn't take long for the trio to realize that their talents should be combined, and a show at a Winnipeg theatre confirmed this.

"The show was 20 minutes long and we couldn't play separately so we all played together and the response was so overwhelmingly positive," Arruda said. "We decided we had to start a band."

Since then, the band competed in the Peak Performance Project and was named one of the top 20 unsigned bands in British Columbia, and released *We'd Be Good Men*, their self-produced EP.

"We've seen a lot more success as *Lion Bear Fox* than we ever saw with our solo careers," Arruda said. "When you suddenly have a lot more eyes on you, you realize that you have a platform to tell a story and we wanted to tell the best story we could."

*Lion Bear Fox*, the group's latest album, was the platform to tell that story. Released on February 17, the band is calling it the "record of their lives."

"We knew when we were going to record this album it was a great chance for us to get to the point we always wanted to get to, which is really sharing our show with larger audiences than we have been," Arruda said. "It just seemed like we were at kind of a breaking point where we'd been carrying on for so long and things were going well but we knew to continue on we would have to make the best record we'd ever made."

Although the band has already had wildly successful performances in Chilliwack, this will be their first time performing in a larger venue — and Arruda noted that they're excited to be so close to home.

"When you're used to travelling internationally, if you're a couple hours away from home it feels familiar," he said. "We've always wanted to play theatres so for us to get to play a new theatre in our back yard is going to be thrilling, and hopefully it's the first time of many."

Lion Bear Fox is coming to the Chilliwack Cultural Centre's HUB International Theatre on March 10 at 7:30 pm. Tickets are \$35 for adults, \$32 for seniors, and \$30 for youth and can be purchased at The Centre Box Office, online at www.chilliwackculturalcentre.ca, or by calling 604-391-SHOW(7469).

*Lion Bear Fox* is sponsored by: Prime Signs, Royal Hotel, The Chilliwack Progress, Classic Hits 89.5 the Drive, What's On! Sardis, the Department of Canadian Heritage,

the British Columbia Arts Council, the Province of British Columbia, and the City of Chilliwack.

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# For additional information and to arrange interviews, contact: Ann Goudswaard, Marketing Manager

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#### Chilliwack Cultural Centre

Owned by the City of Chilliwack, the Cultural Centre houses two unique performance venues, an art gallery, music instruction studios, arts and crafts studios, meeting rooms, offices, and is home to the Chilliwack Academy of Music and the O'Connor Group Art Gallery. Since opening in 2010, over 290,000 tickets have been sold through the Centre Box Office, with a value exceeding \$4,280,000. The Centre is overseen by The Chilliwack Arts & Cultural Centre Society on behalf of the City.

### Chilliwack Cultural Centre highlights:

- 597 seat performance theatre
- 168 seat recital hall / rehearsal space / dance studio / meeting space
- Chilliwack Art gallery (22-foot high display area)
- 21 music instructional rooms
- Arts, crafts and performance studios
- Storage and Archival Resource Room

### Chilliwack Arts & Cultural Centre Society Board of Directors

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City of Chilliwack
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Chilliwack Visual Artists Association

The Chilliwack Arts & Cultural Centre Society is registered under the British Columbia Society Act as a not-for-profit society (society number S-54973), and is a registered Canadian charitable organization under the Canadian Charities Directorate. (Charity number 805742897 RR0001)